

# BINDINGS

There are three steps to binding a quilt:

1. Making the binding. Width of binding is a personal choice. Some people cut 2 ½", I cut 2 ¼" strips. When joining the strips it's best to use a diagonal seam which distributes the bulk of the seams as they go over and around the edges of the quilt.
2. Attaching the binding on the front of the quilt by machine.
3. Hand stitching the binding on the back of the quilt using a ladder stitch.

## GOALS

- Square corners
- Full binding
- Binding is even width on the front and back of quilt
- Hand stitching on the back is less visible

## TIPS

- Before you begin sewing the binding to the quilt, lay it out around the entire quilt to make sure none of the connecting seams fall on the corners. Move the binding around until you get it just right.
- If using Sharon Schamber's method **don't** glue the binding down on the **back side** for hand stitching. I find it makes it difficult to get the hand needle into the fold of the binding.

I strongly urge you to watch **YouTube video Sharon Schamber binding, Perfect Straight Binding** (28.47 minutes.) She uses spray starch and Elmer's glue to stabilize and secure the binding.

### Other sources:

Borders & Bindings by Mimi Dietrich

The Quilter's Edge by Darlene Zimmerman

FonsandPorter.com/bindinglesson

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